LODHA TIMES

An Ode to *Summer*

A SUMMER STORY *with Lodha*

Burgess Yachts / Renaissance

Summer has a way of inviting us to look outward. Towards new horizons, new perspectives and the experiences that stay with us long after the season has passed. It is a time defined not only by where we travel, but by how we choose to spend our time, the people we meet and the places that leave a lasting impression.

In this issue of The Lodha Times, we explore the art of a well-lived summer through a collection of stories spanning travel, design, wellbeing and culture.

We begin on the French Riviera, where Saint-Tropez provides the backdrop for several features celebrating craftsmanship, creativity and enduring style. From an artful guide to the village's cultural pleasures and hidden traditions, to a closer look at PAD Saint-Tropez's inaugural edition and the growing appreciation for contemporary craft, we explore why this corner of the Mediterranean continues to captivate artists, collectors and travellers alike.

The Riviera remains our focus as we step inside Hotel Byblos, one of Saint-Tropez's most iconic addresses, where generations of hospitality expertise have created an atmosphere that feels as relevant today as it did nearly six decades ago.

From the Côte d'Azur, we continue east to Venice, where curator Lawrence Van Hagen invites us into Minimal Legends, a striking exhibition staged within the De Cotiis Foundation. Set against the grandeur of a historic Venetian palazzo, the exhibition explores the enduring appeal of Minimalism while highlighting the growing importance of cultural experiences that are as much about place and atmosphere as they are about the works themselves.

Elsewhere, we look towards the sea itself. Chasing the Horizon explores a collection of extraordinary yacht journeys, from the turquoise waters of Raja Ampat to the hidden coves of the Cyclades and the dramatic coastlines of Southern Italy, revealing how the voyage has become every bit as meaningful as the destination.

Back in London, we meet skincare expert Sarah Chapman, whose integrated approach to aesthetics and longevity reflects a growing shift towards optimisation, preventative health and holistic wellbeing. At Holland Park Gate, we also explore Studio Lodha's latest collection of residences, where collectible design, exceptional craftsmanship and carefully curated artworks come together to create interiors of remarkable warmth and individuality.

As always, our aim is to offer inspiration that extends beyond the page. Whether discovering a new destination, encountering exceptional design or finding beauty in everyday rituals, we hope these stories accompany you through the season and inspire your own summer journey.

"As always, our aim is to offer inspiration that extends beyond the page."

A New Chapter FOR GROSVENOR SQUARE

This summer marks a significant moment in the evolution of Mayfair. On 20 July, Grosvenor Square will reopen to the public following an ambitious transformation that has reimagined one of London's most historic garden squares for a new generation.

The culmination of almost a decade of planning and consultation, the project represents the largest private investment in public green space in the West End in a generation. Only the fourth redesign in the square's 300-year history, it reflects a broader vision for Mayfair as one of London's most desirable places to live, work and spend time.

For residents of No.1 Grosvenor Square, the reopening brings an extraordinary urban garden quite literally to their doorstep. Designed to balance beauty, wellbeing and biodiversity, the renewed square introduces more than 70,000 plants, 44 new trees, wetlands and thousands of bulbs, creating a natural sanctuary in the heart of central London. Meandering pathways, enhanced seating areas and thoughtfully designed spaces invite residents and visitors alike to slow down and reconnect with nature.

Beyond its horticultural ambition, the redesign has been shaped by how people live today. Improved access, enhanced lighting, new amenities and a greater sense of openness ensure the square functions as both a place of retreat and a vibrant neighbourhood destination. A new education centre and café will further enrich the experience, creating opportunities for learning, connection and community engagement.

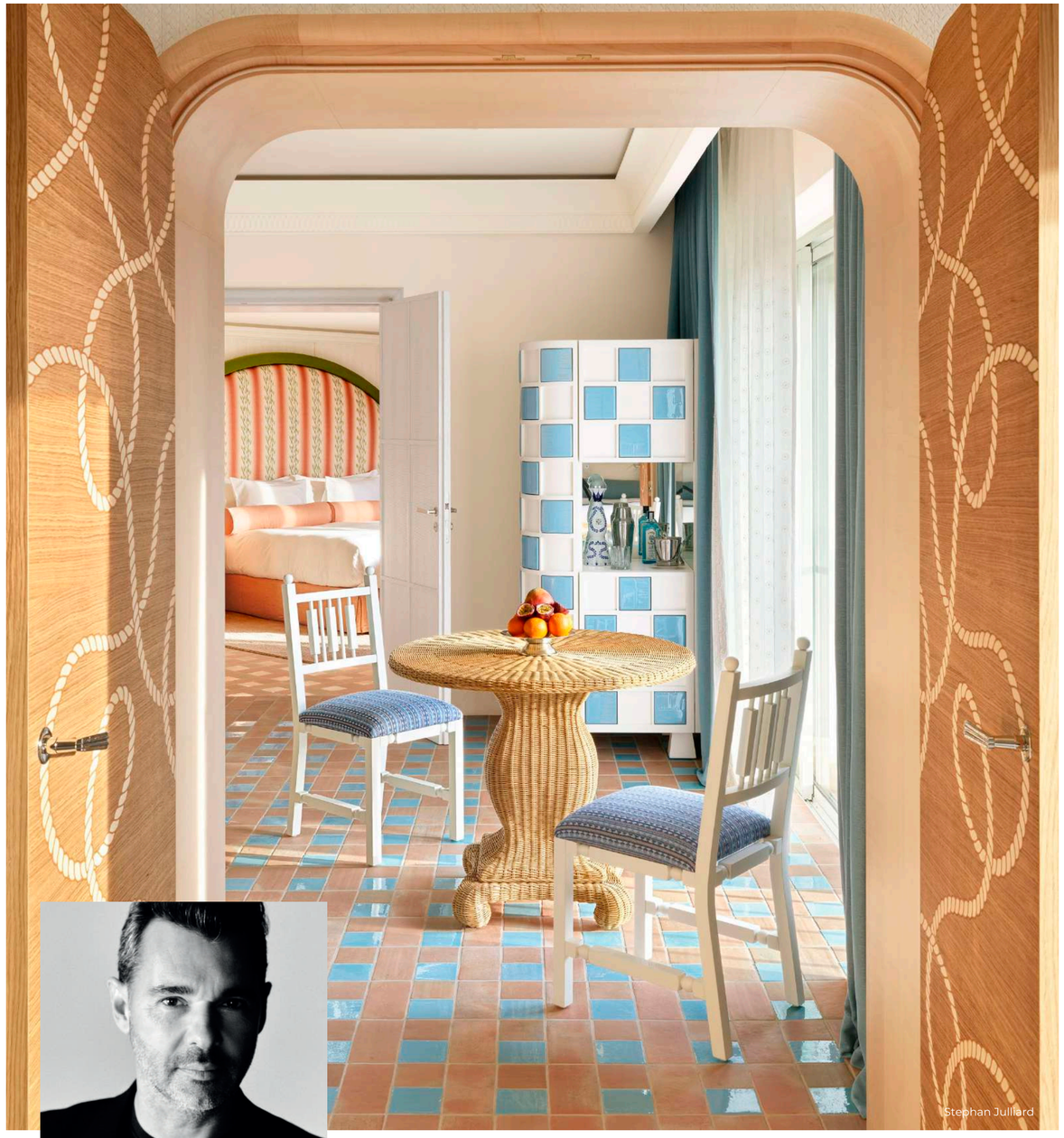
The reopening also arrives at a pivotal moment for Mayfair. Alongside the recent opening of Chancery Rosewood and the arrival of Bonheur by Matt Abé, Grosvenor Square sits at the centre of a neighbourhood enjoying a renewed cultural and hospitality renaissance. Together, these additions reinforce Mayfair's position as one of the world's leading luxury destinations, where exceptional dining, hospitality, green space and residential living coexist within a remarkably walkable environment.

Three centuries after it was first laid out, Grosvenor Square continues to evolve. Its latest chapter not only enhances the daily lives of those who live around it, but further strengthens the enduring appeal of one of London's most prestigious addresses.

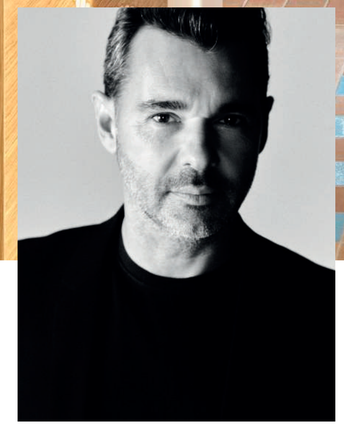
"Together, these additions reinforce Mayfair's position as one of the world's leading luxury destinations"

Grosvenor Square

INSIDE HOTEL BYBLOS



Stephan Juillard



With Antoine Chevanne

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"Byblos still sits at the centre of Saint-Tropez life, its ochre façades and shaded courtyards as synonymous with the destination as the port itself."

Alexandre Chaplier

Antoine Chevanne, Chairman of Floirat Signatures, has spent his life immersed in the world of hospitality. As the fourth generation of the family behind Hotel Byblos Saint-Tropez, his perspective is shaped by decades of summers spent in one of the Riviera's most iconic addresses. For Lodha Times readers, many of whom share a passion for travel, service and beautifully lived experiences, Byblos remains a benchmark for the kind of discreet, atmosphere-led hospitality that continues to define Saint-Tropez at its best.

Founded in 1967, Hotel Byblos was born from an unlikely love story. "It was originally founded on love for the late Brigitte Bardot by a Lebanese businessman," Chevanne explains. "With the financial crisis in Lebanon, he had to sell the property that same year and sold it to my great grandfather Sylvain Floirat." At the same moment, Saint-Tropez itself was emerging onto the world stage, propelled by films such as And God Created Woman and a new wave of artists, actors and international travellers drawn to the Riviera's particular magic.

The hotel's position in the heart of the village quickly established it as a social hub, helped by the opening of Les Caves du Roy nightclub that same year. Nearly six decades later, Byblos still sits at the centre of Saint-Tropez life, its ochre façades and shaded courtyards as synonymous with the destination as the port itself.

Chevanne's own childhood memories are tied to the rituals and personalities that shaped the hotel's atmosphere. "I remember the legendary bartender Aldo," he says. "At the time, the bar was located above the pool, and the bartenders loved lowering cocktails down from the balcony into the pool using a small tray attached to a string."

That sense of warmth and familiarity remains central to the Byblos identity today. "The family spirit passed down from generation to generation, the closeness the staff have with our guests without ever overstepping boundaries, and the truly unique location in the heart of the village," he says, are what have given the hotel its enduring appeal.

A summer day at Byblos follows the distinctive rhythm of Saint-Tropez itself. Some guests begin with sport and breakfast by the pool, while others recover more slowly after nights at Les Caves du Roy. Afternoons drift between Byblos Beach, Club 55 and long lunches by the sea before sunset drinks at the rooftop Sky Bar and dinners at Il Giardino, B. Lounge or Zuma. Then, inevitably, the night begins again. At 1:30am, DJ Jack.E still opens Les Caves du Roy with the words: "Ladies & Gentlemen, welcome back to Saint-Tropez!"

Behind the glamour, however, lies an extraordinary level of operational precision. Before sunrise, chefs prepare breakfast pastries and select produce from the hotel's own vegetable garden. "Visual contact is essential when serving guests, in order to anticipate even the smallest request or need," Chevanne explains. "Everyone in direct contact with guests is an ambassador of the hotel. Their personality reflects the hotel: elegant, relaxed, warm and cheerful."

The continuity of the team is equally important. Many department heads have worked at the hotel for more than 30 years, passing down what Chevanne calls the "Byblos spirit" to new generations of staff. Returning guests are welcomed not simply as customers but almost as extended family. One guest, who has visited every summer since 1967, even requests that the furniture and paintings in his room be rearranged before arrival. "And of course we do it," Chevanne says. "He is at home. He is at Le Byblos."

As luxury hospitality evolves, Chevanne believes travellers increasingly seek authenticity over display. "Guests no longer want to show off. We are entering the era of quiet luxury, far from bling," he says. "We are about experience, not display. That experience needs to increasingly be unique and tailor-made."

For him, modern luxury comes down to three things: "Luxury is space, time and freedom of choice." He pauses before elaborating. "Today, true luxury lies in not feeling confined. Greenery and a sense of openness are essential. Then comes time. Our role is to give guests back their time, so that the moment they step through the doors of the hotel, time should slow down."

Looking ahead, he believes hospitality will become even more personalised, with technology quietly supporting the guest experience behind the scenes. "Guests will increasingly seek authenticity and deeper relationships," he says. "AI will help hoteliers free up more time to focus on guests' needs and their on-the-ground experience."

And despite Saint-Tropez's global reputation, its quieter pleasures remain closest to his heart. His recommendations are simple: Plage des Graniers just behind Byblos, grilled fish at Plage des Salins, and a bouillabaisse at Chez Camille out of season. Even here, away from the spotlight, the spirit of the Riviera endures.

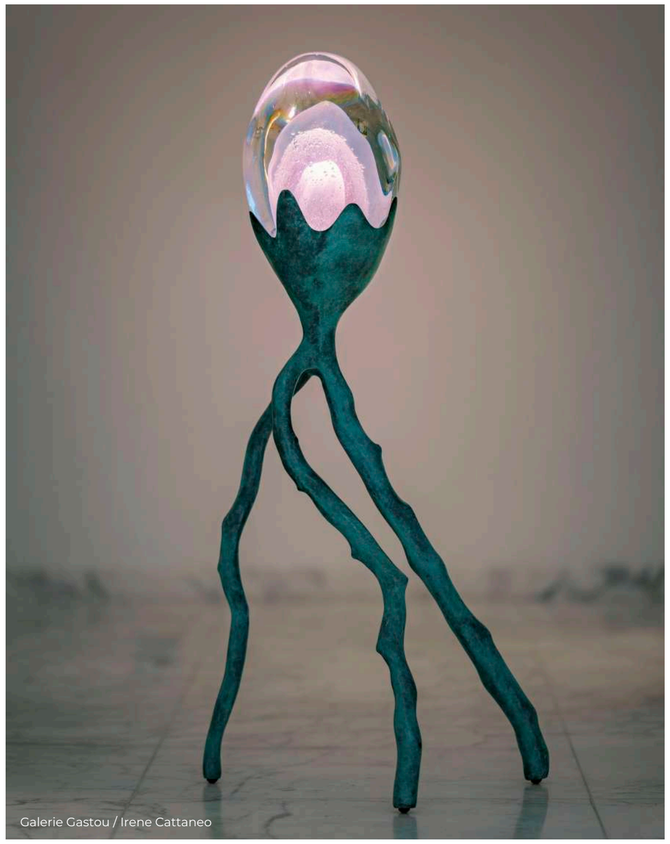
byblos.com

VOLUME 16 LODHA

The Return of the Maker

PAD SAINT-TROPEZ

As collectors turn away from mass production and towards objects with provenance, texture and human touch, contemporary craft is emerging as one of the defining movements in design. This summer, PAD Saint-Tropez brings that conversation to the Riviera.



Galerie Gastou / Irene Cattaneo

"Perhaps as a response to increasing digitisation and mass production, contemporary craft is experiencing a renaissance."

Saint-Tropez

Perhaps as a response to increasing digitisation and mass production, contemporary craft is experiencing a renaissance. From London to Seoul, galleries are reporting a surge of interest in pieces that bear the traces of their makers' hands and celebrate the inherent beauty of natural materials. While demand for vintage design remains strong (works by 20th-century figures such as Diego Giacometti and Claude Lalanne have recently reached seven-figure sums at Christie's), the appetite for contemporary collectibles has blossomed over the last two decades.

A key force behind this surge has been PAD, Patrick Perrin's prestigious art and design fair, which has been held annually in Paris for 25 years and in London for 18 — and this summer will open in Saint-Tropez for the first time. "Saint-Tropez has always attracted artists, writers, designers and creatives, which naturally encourages a dialogue between art, design, craftsmanship and lifestyle," says the show's executive director, Flore Serin de Ségogne.

Galerie Dutko

The event will draw 20 French and international galleries specialising in historical and contemporary design, alongside artists' jewellery, to Maison Jean Despasson on Place des Lices, an address with an eclectic cultural pedigree. "Both Mayfair and Saint-Tropez attract highly international audiences with a strong sensitivity to culture, aesthetics and craftsmanship. In both places, there is a community of collectors and creatives who appreciate timeless quality and seek meaningful, curated experiences," adds de Ségogne.

Stalwarts from the London and Paris editions include the Parisian gallery Boketto, which will present A Philosophy of Making, an intriguing selection ranging from historical highlights such as Zaha Hadid's Moon Sofa to contemporary voices like Natalia Landowska, whose elemental lighting constellations are forged from clay and fire.

The show will also welcome three new exhibitors: the Portuguese galleries Bessa Pereira and Galeria da Estrela, alongside Lebanon's House of Today. This Beirut-based non-profit organisation will present a solo exhibition of tactile, clay-based works by Tamar Hadechian that evoke landscapes in transition. According to de Ségogne, this reflects wider trends within collectible design as a younger generation enters the market: "Rather than being purely decorative, younger collectors are looking for pieces that evoke emotional resonance. They're drawn to pieces with strong craftsmanship and unique narratives."

Objects with a patina that deepens as they are handed down through generations carry stories of the earth, the craftspeople who made them and all those who have lived with them. Perhaps it is unsurprising that they have become more collectible than ever.

PAD WILL BE HELD AT SAINT-TROPEZ'S MAISON JEAN DESPASSON BETWEEN 2 AND 5 JULY 2026. PADESIGNART.COM

AN ARTFUL GUIDE TO SAINT-TROPEZ

From sun-drenched lunches to contemporary exhibitions, the PAD team shares where to seek cultural and sensory pleasures in Saint-Tropez this summer.

FOR LUNCH ON THE BEACH: MOOREA PLAGE

In 1952, while Saint-Tropez was little more than a fishing port, a simple bamboo hut on the pearly sands of Pampelonne was already serving Provencal dishes to a handful of sun worshippers. Today, Moorea may have expanded to include a beach club and massage parlour, yet it retains echoes of the barefoot Riviera spirit that newer arrivals struggle to manufacture. Owner Christophe Coutal – an 8th-generation Tropezian – still greets guests personally, the cicadas hum in the surrounding pine trees and chilled rosé with grilled seafood proves as irresistible a pairing as ever.

FOR PROVENÇAL TRADITIONS: PÉTANQUE ON PLACE DES LICES

Long before Saint-Tropez became associated with superyachts and beach clubs, Provençal grandfathers in flat caps gathered beneath the plane trees of Place des Lices to drink pastis and play pétanque. From the days when it echoed with the clang of medieval jousting tournaments to the Saturday market that still draws stalls selling everything from lavender to linen, the square has long functioned as the village's living room. To mark its first edition in this iconic setting, PAD Saint-Tropez is organising a large-scale triples pétanque tournament on 1 July. The crowd promises to be an intriguing mix of locals, visitors and some of contemporary design's most recognisable names.

Isabelle Castanier's Garden

"Saint-Tropez embodies values that PAD also defends: timeless elegance, strong artistic culture and sophistication."

FLORE SERIN DE SÉGOGNE, EXECUTIVE DIRECTOR OF PAD SAINT-TROPEZ

FOR VINTAGE HOMEWARES: BROCANTE LE JAS DE ROBERT

The villages around Saint-Tropez have long attracted decorators and antique dealers searching for pieces with the sort of patina that cannot be manufactured. Every Sunday morning in Cogolin, Brocante Le Jas de Robert continues that tradition. Part flea market, part social ritual, this brocante has been drawing collectors and bargain hunters from across the Riviera for decades, its 150 stalls spread beneath swooping swifts and animated negotiations. Amid the jumble of Provençal ceramics, weathered mirrors and silverware, there is always the possibility of stumbling across the kind of unexpected treasure that will make even the most disciplined shopper reconsider their luggage allowance.

FOR POST-IMPRESSIONIST WORKS: HENRI PERSON AT MUSÉE DE L'ANNONCIADE

When painter Paul Signac first arrived in Saint-Tropez aboard his yacht L'Olympia in 1892, he declared: "Happiness – that is what I have just discovered." Seduced by the golden light and sherbet-coloured buildings, the village became a crucible for artists including Matisse, Derain and Bonnard, who shaped the visual language of the Mediterranean. Today, their works, alongside those of many more modern artists, can be found in the Musée de l'Annonciade, a 16th-century chapel overlooking the harbour. This summer the museum will host a major Henri Person exhibition before closing for a two-year renovation.

FOR PLAYFUL DESIGN: CHILDHOOD MEMORIES AT ISABELLE CASTANIER'S FAMILY HOME

Every summer since 2023, Saint-Tropez-born architect and designer Isabelle Castanier has transformed her family home on Place des Lices into a lived-in exhibition where contemporary design sits among the traces of everyday life. Built in 1789, the house has witnessed generations of family summers characterised by sandy feet on floorboards, improvised dens and bedtime stories. This year's exhibition, Childhood Memories, invites designers including India Mahdavi, Marianna Ladreyt and Axel Chay to create pieces inspired by four key pillars of early life: huts, afternoon snacks, bath time and bedtime stories.

FOR CHARACTERFUL CERAMICS: FLORIAN DAGUET BRESSON'S SUMMER VIBES

Long overshadowed by painting and sculpture, ceramics is experiencing a renaissance. Collectors are increasingly drawn to works that manipulate material and form in unexpected ways, blurring the line between object and artwork. This summer, PAD exhibitor and internationally renowned ceramicist Florian Daguet Bresson brings that conversation to Domaine Fondugues Pradugues, a family-run vineyard in the village of Ramatuelle just outside Saint-Tropez. His exhibition, Summer Vibes, running between 2 July and 12 September, is characterised by his trademark wit and pioneering techniques.

"Amid the jumble of Provençal ceramics, weathered mirrors and silverware, there is always the possibility of stumbling across the kind of unexpected treasure that will make even the most disciplined shopper reconsider their luggage allowance."

Domaine Fondugues Pradugues

Minimal Legends:

LAWRENCE VAN HAGEN'S NEW EXHIBITION IN VENICE

In his second appearance in The Lodha Times, curator Lawrence Van Hagen invites readers into one of Venice's most compelling exhibitions of the season, a striking exploration of Minimalism staged within the grand interiors of the De Cotiis Foundation.

Conceived as a collaboration between Lawrence Van Hagen, Claudia Rose De Cotiis and the Vincenzo De Cotiis Foundation, the exhibition brings together works by artists including Donald Judd, Sol LeWitt and Dan Flavin within one of Venice's most atmospheric historic palazzi. Set against ornate frescoes, gilded detailing and richly layered interiors, the presentation creates a dialogue between contemporary restraint and centuries-old opulence that feels both unexpected and deeply harmonious.

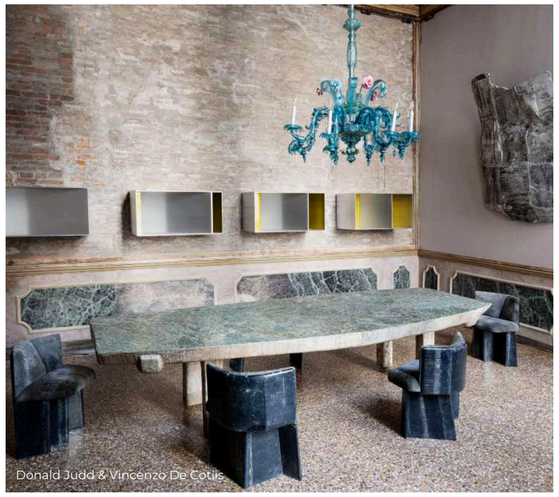
As Van Hagen explains: "My goal was to present Minimalism within a unique and unexpected setting, creating a contrast between the restraint of minimalist works and the opulence of the palazzo. Through this juxtaposition, both the artworks and the architecture are highlighted and enhanced."

The exhibition also reflects the distinct creative vision of Vincenzo De Cotiis, the internationally renowned Italian architect and artist, celebrated for his sculptural interiors, rich materiality and ability to balance historical references with contemporary expression. His work often explores the relationship between craftsmanship, imperfection and timelessness, making the De Cotiis Foundation a particularly fitting setting for a reappraisal of Minimalist art.

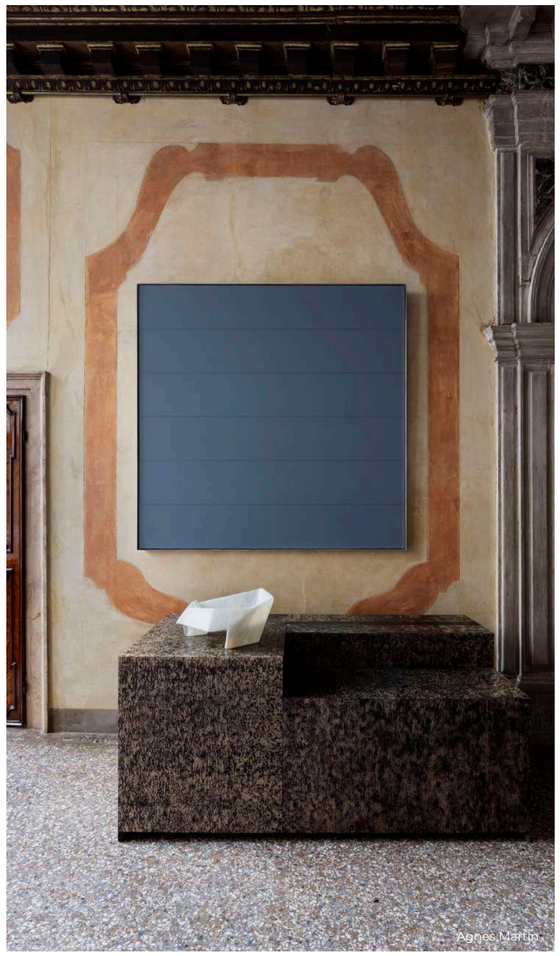
For travellers beginning their summer journeys across Europe, Venice remains one of the most rewarding cultural stopovers imaginable. Before continuing onwards to the beaches of Greece, the glamour of the French Riviera or the rolling landscapes of Tuscany, the city offers a chance to pause and immerse oneself in extraordinary art, architecture and atmosphere.

Van Hagen's carefully curated exhibition also reflects a wider resurgence of interest in experiential art, where exhibitions feel as much about place and emotion as the works themselves. Rather than the neutrality of a traditional gallery, the Venetian palazzo becomes an active participant in the experience, amplifying the stillness and precision of Minimalist art through dramatic historical contrast.

As European summer itineraries become increasingly centred around culture, gastronomy and design, Venice continues to prove why it remains an enduring destination for discerning travellers. And for The Lodha Times readers seeking inspiration for a sophisticated summer escape, Minimal Legends offers the perfect reason to linger in the Floating City just a little longer.



Donald Judd & Vincenzo De Cotiis



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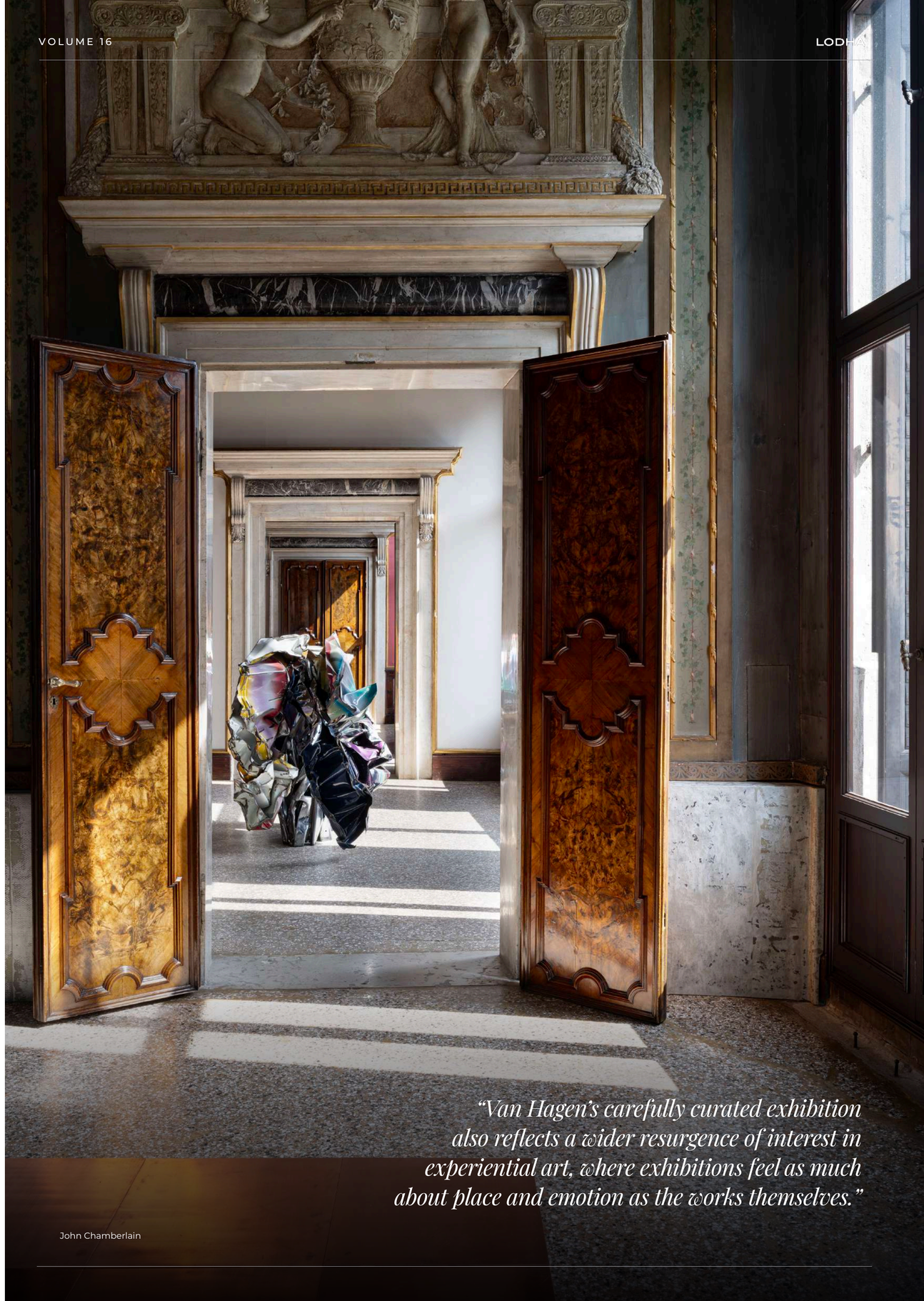


"Van Hagen's carefully curated exhibition also reflects a wider resurgence of interest in experiential art, where exhibitions feel as much about place and emotion as the works themselves."

John Chamberlain

Residence 21

STUDIO LODHA AT HOLLAND PARK GATE:

A Design Story

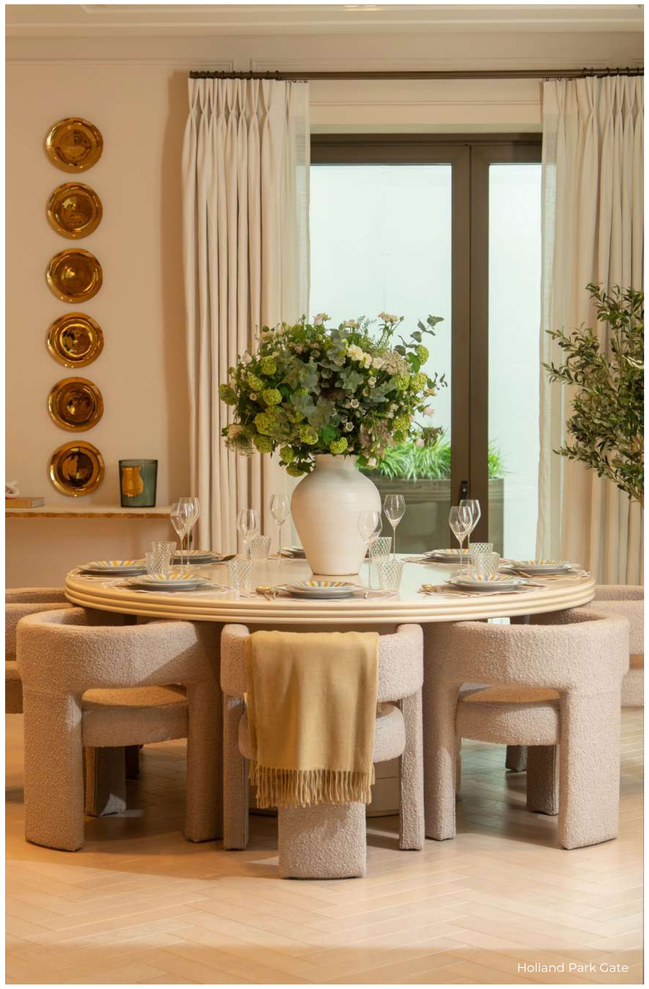
Across a new collection of residences at Holland Park Gate, Studio Lodha explores the relationship between architecture, art and atmosphere, creating interiors that feel individually distinct yet united by a shared design language. At Holland Park Gate, Studio Lodha's latest collection of residences has been conceived less as a series of designed interiors and more as a carefully curated body of work. While each home possesses its own atmosphere, palette and personality, together they form a cohesive design story shaped by craftsmanship, collectible design and an intuitive understanding of how people want to live today.

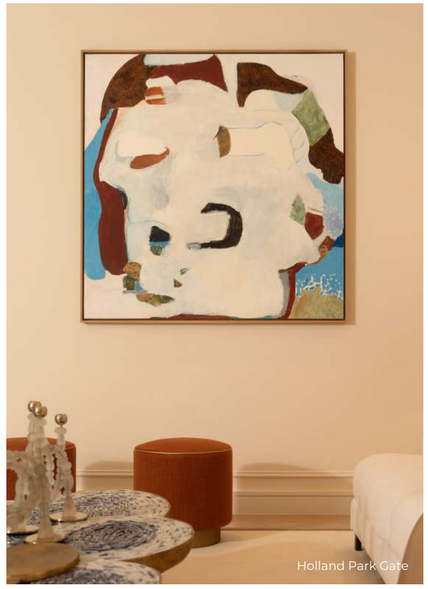
"There was never a desire for the residences to feel uniform," says Blandine de Navacelle, Creative Director at Studio Lodha. "We wanted each one to have its own emotional atmosphere while still belonging to the same design family."

That balance between individuality and cohesion defines the collection. Across the residences, subtle architectural references, natural materials and carefully layered textures create a quiet continuity, while art and collectible pieces introduce moments of character, warmth and discovery.

Residence 21

Residence 21


Holland Park Gate


Holland Park Gate

“Their tactile surfaces and gilded detailing introduce warmth and artisanal character into the otherwise restrained interior.”

Rather than decorating spaces after the architecture was complete, Studio Lodha approached the interiors holistically, allowing artworks, objects and furniture to shape the mood of each residence from the outset.

“The art was never treated as an addition,” de Navacelle explains. “It shaped the interiors from the very beginning. Each piece was chosen because it contributed something emotionally to the space.”

In Residence 21, overlooking the Andy Sturgeon-designed mews garden, this approach is immediately apparent. Soft green tones, sculptural ceramics and floor-to-ceiling glazing create an atmosphere that feels light-filled and quietly uplifting. The relationship between interior and exterior is central to the experience of the home, with planted terraces extending the living spaces outwards and greenery visible from almost every room.

Several of the residence’s most distinctive pieces were sourced personally by de Navacelle at PAD London, including Géraldine Cornette de Saint Cyr’s handmade Maya wall sconces and matching ceramic stools. Their tactile surfaces and gilded detailing introduce warmth and artisanal character into the otherwise restrained interior. Nearby, a dramatic rock crystal coffee table by Studio Glustin anchors the living room like a sculptural object, its hammered gilded bronze top resting on a crystalline base that shifts subtly with the changing light throughout the day.

In Residence 26, the mood becomes softer and more contemplative. Here, Studio Lodha layers warm neutrals, woven textures and curved forms to create interiors that feel calm, grounded and deeply comfortable. Japanese artwork panels positioned throughout the residence reinforce this atmosphere, their sepia and parchment tones echoing the apartment’s wider material palette.

“We were interested in creating homes that reveal themselves gradually,” says de Navacelle. “Texture, light and craftsmanship all play an important role in shaping how a space feels over time.”

That sense of gradual discovery continues through the apartment’s long entrance corridor and into the principal living spaces, where bespoke illuminated joinery transforms everyday objects into curated displays. Andreas Diaz Andersson’s Undiscovered Plants III introduces a contemporary counterpoint to the softer palette, bringing movement and energy while remaining entirely in harmony with the residence’s quieter architectural language.

Elsewhere, Residence 11 offers an altogether different atmosphere. Arranged across two levels with its own private entrance onto the landscaped courtyard gardens, the townhouse residence feels more intimate and expressive, balancing architectural scale with richly layered contemporary art and collectible design pieces.

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Residence 82

Residence 82

A bronze and rock crystal coffee table by Studio Glustin sits at the centre of the living room, while artworks by Andreas Diaz Andersson and Terrell James introduce colour, softness and gestural movement throughout the interiors. Antiqued mirrored surfaces and bespoke joinery create moments of reflection and warmth, enhancing the changing natural light across the day.

“The most successful interiors feel layered rather than decorated,” reflects de Navacelle. “You want spaces to feel personal and collected, as though they have evolved naturally over time.”

This philosophy carries through to Residence 82, where muted neutrals are enriched by deeper burgundy tones, kilim rugs and carefully selected sculptural pieces. Here, craftsmanship and materiality take centre stage. Pierre Bonnefille’s Furoshiki Carbon 86 introduces depth and texture within the living room, while a Murano glass mirror sourced from Galerie Glustin adds another layer of detail and reflection within the hallway.

Throughout the collection, there is a clear appreciation for pieces that sit between art and function. Sculptural furniture, handcrafted ceramics and collectible design objects are integrated naturally into daily life rather than positioned as statements. The result is a series of residences that feel calm yet characterful, refined yet deeply liveable.

“Craftsmanship brings warmth and humanity into contemporary spaces,” says de Navacelle. “Even very minimal interiors should still feel emotional and inviting.”

That emotional quality is perhaps what ultimately defines Studio Lodha’s work at Holland Park Gate. These are not interiors designed simply to impress on first viewing. Instead, they unfold gradually through material richness, thoughtful curation and a strong sense of atmosphere. Individually distinct yet united by a shared philosophy, the residences together form a collection that feels enduring, considered and quietly timeless.

“Throughout the collection, there is a clear appreciation for pieces that sit between art and function.”

BEYOND SKIN DEEP: *Sarah Chapman*

AS BEAUTY SHIFTS AWAY FROM CORRECTION AND TOWARDS OPTIMISATION, SARAH CHAPMAN IS TREATING THE FACE AS A WINDOW INTO BROADER HEALTH AND LONGEVITY.

Sarah Chapman

In a temple of calm just off Sloane Square, radio-frequency machines glow softly, therapists apply microneedles with the concentration of artists and the gentle flick of Chapman's signature massage techniques occasionally disturbs the silence.

Sarah Chapman's Skinesis has become one of London's most sought-after skincare destinations, where clients are often prepared to join lengthy waiting lists for her bespoke facials. Rather than promising correction, Chapman's approach treats skin as a diagnostic surface capable of revealing everything from gut health disruption to hormonal imbalances — and increasingly, broader questions of longevity. "My work has always gone far beyond the surface. Rather than simply treating symptoms, we uncover the underlying drivers of inflammation and hormonal imbalances to unlock true skin health and wellbeing," Chapman says.

Throughout her career, Chapman has remained at the leading edge of advanced aesthetics. Skinesis was one of the first clinics globally to offer microneedling and LED light therapy, yet massage techniques inspired by global heritage remain central to her philosophy. Today, the clinic's menu reflects the same balance between technology and touch, spanning evidence-based treatments such as Tixel, BBL and EMFACE. "Every treatment and product I create must not only feel luxurious but also genuinely deliver visible results and improve overall skin confidence," Chapman adds.

The clinic's latest development comes in the form of facials and at-home masks that utilise spicules — microscopic, needle-like structures derived from fresh water sea sponges – that stimulate the superficial layers of the skin, encouraging collagen production and allowing active ingredients to penetrate more deeply. "Applied topically, spicules are often described as 'liquid microneedling'. The treatment allows us to stimulate renewal in a gentle yet highly effective way," Chapman adds.

However, the most significant shift taking place at Skinesis extends beyond skincare itself. The clinic has recently introduced a longevity division led by functional medicine physician Dr Miriam Mikicki and specialist nutritional therapist Elena Rolt. Interest in longevity has accelerated rapidly in recent years, with sectors spanning diagnostics, supplements and preventative health technologies expanding alongside a wider cultural shift towards health optimisation. Yet Skinesis is one of the few clinics globally to introduce a dedicated longevity service that combines functional medicine with advanced diagnostics.

Sarah Chapman

Sarah Chapman

"We're trying to understand how a patient's story could be influencing the present day, factoring in even early childhood experiences," says Dr Mikicki. "This guides our testing. We start by analysing health on a cellular and gut microbiome level, and that forms the foundation for our treatment plan."

Demand for this more integrated approach to aesthetics appears to be growing. This autumn, Chapman will host a residency at Holland Park Gate offering a selection of bespoke treatments. For those with complex lives and ever-evolving calendars, the expansion promises a level of convenience increasingly expected from luxury healthcare and skincare alike.

For Chapman, the approach ultimately comes back to understanding how people live today: "As both a founder and a skincare expert, I approach every decision through the lens of understanding what clients genuinely need, while building a brand rooted in trust, expertise and innovation."

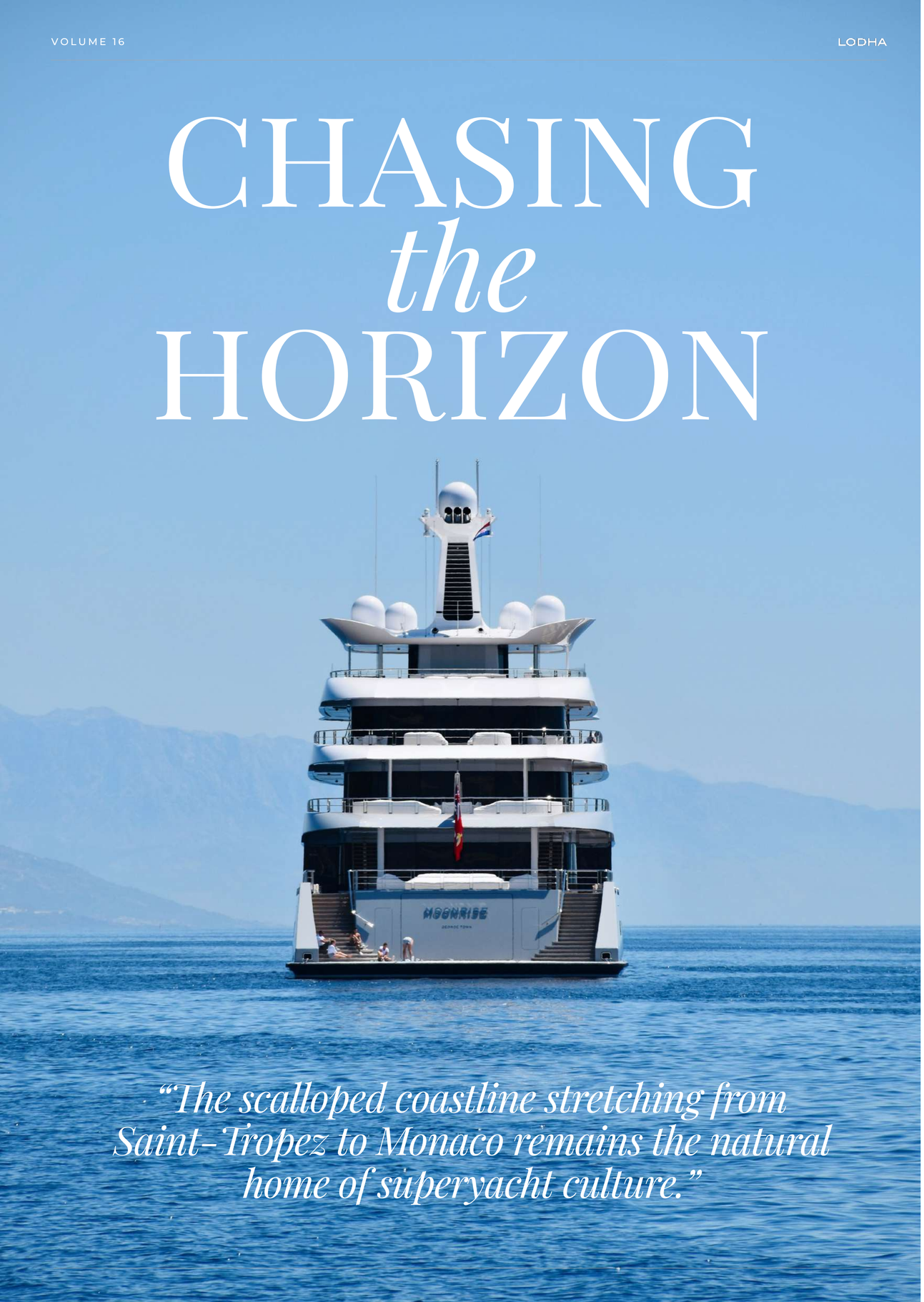
Sarah's top three active ingredients to revitalise skin in summer

VITAMIN C: Helps brighten the complexion while protecting the skin against environmental stress and free radical damage.

PEPTIDES: Support collagen production to help keep skin firm, smooth and resilient during periods of increased sun exposure and dehydration.

HYALURONIC ACID: Boosts hydration levels and helps keep skin looking plump, fresh and dewy in the heat.

CHASING *the* HORIZON



"The scalloped coastline stretching from Saint-Tropez to Monaco remains the natural home of superyacht culture."

VOLUME 16 LODHA

FRENCH RIVIERA, CECIL WRIGHT

Best for... Entertaining at sea

When a 22-year-old Brigitte Bardot spotted a couple grilling sardines over driftwood on the tawny sands of Pampelonne, she asked whether they would cook for the crew of And God Created Woman. When they agreed, a legend was born: Club 55, the leading lady of Saint-Tropez's beach clubs, which remains in the hands of the Colombo family. The scalloped coastline stretching from Saint-Tropez to Monaco remains the natural home of superyacht culture. Here, pine-fringed bays are studded with Belle Époque villas overlooking ports lined with some of the world's most impressive vessels. We have chosen Cecil Wright for its highly bespoke approach and 'fewer clients, better served' philosophy, creating itineraries that feel more like insider introductions than charter templates.

Only possible by yacht. Dropping anchor off Pampelonne Beach for a leisurely lunch at Club 55 before cruising east towards the wooded peninsula of Saint-Jean-Cap-Ferrat as the coastline turns honey-coloured at sunset.

THE CYCLADES, EDMISTON

Best for... Multigenerational families

The Cyclades take their name from the kyklos (meaning circle), formed by the islands that orbit Delos, the mythical birthplace of Apollo and Artemis. While Mykonos and Santorini feature in Instagram photos that have launched a thousand ships, travelling by private yacht reveals a more elemental Greece: the terraced cliffs of Folegandros, where generations carved fertile land from stone; Milos, with its lunar landscapes and hidden sea caves; and quiet bays on Sifnos where fishing boats still outnumber tenders. Edmiston offers deep regional expertise and highly tailored itineraries designed to move effortlessly between lively ports and harder-to-reach anchorages.

Only possible by yacht. Arriving by tender beneath the white cliffs of Kleftiko on Milos before continuing to Sifnos for a long lunch at Omega-3 on Platis Gialos Beach, where the spearfishermen owners' catch appears in globally inspired dishes such as ceviche and tartare.

*Burgess Yachts / Renaissance

RAJA AMPAT, CAMPER & NICHOLSONS

Best for... Adventurers

Scattered off the Bird's Head Peninsula of West Papua, Raja Ampat is widely considered the most biodiverse marine ecosystem on the planet. This archipelago of jungle-covered limestone islands rises from waters so vividly turquoise they seem digitally enhanced. Travelling aboard a traditional Indonesian sailing yacht transforms the journey into something slower and more elemental – days unfold between deserted lagoons, hidden beaches and reefs where manta rays, wobbegong sharks and shoals of dazzling reef fish glide beneath the surface. Alongside motor yachts, Camper & Nicholsons offers a selection of expedition-style sailing charters that pair adventure worthy of the destination with a level of comfort that far exceeds anything usually associated with sailing boats.

Only possible by yacht. Eating freshly caught tuna sashimi on deck and swimming through bioluminescent plankton under the stars.

CORSICA AND SARDINIA, BURGESS

Best for... Wellbeing seekers

Ancient Greeks called Corsica Kalliste ('the most beautiful'), and arriving by sea, it is easy to understand why. Jagged mountains plunge into dazzling turquoise bays, while red-roofed villages and Genoese citadels emerge unexpectedly between pine forests and rocky headlands. South across the Strait of Bonifacio lies Sardinia, where granite coves and Caribbean-coloured waters give way to an interior shaped by shepherding traditions and one of the world's highest concentrations of centenarians. Burgess offers more than 64 yachts in the region, from the sleek Excellence with its triple-glass atrium to Renaissance, the largest in the fleet with its onboard wellness centre.

Only possible by yacht. Cruising through the narrow limestone fjords of Bonifacio before dropping anchor in the Gulf of Orosei for a lunch of freshly grilled langoustines and a glass of Cannonau as monk seals drift through nearby caves.

SOUTHERN ITALY, FRASER YACHTS

Best for... Gastronomes

Beginning in Salerno and moving west towards Amalfi and Capri allows travellers to experience both poster girl port towns with candy-coloured villas and hidden fishing enclaves where Italian life continues as it has for generations. Increasingly, itineraries are also incorporating Ischia, Capri's more understated sibling, where thermal springs, vineyard-covered hills and harbours that are more likely to welcome fishing boats than megayachts create a gentler rhythm of life. Fraser's seven-day journeys can be tailored aboard vessels ranging from the 85-metre Solandge, with its spa, beauty salon and generous wellness deck, to the recently refitted Carinthia VII, whose six decks and vast outdoor spaces feel akin to a private estate at sea.

Only possible by yacht. Anchoring beneath Ischia's Aragonese Castle before swimming ashore to Spiaggia dei Pescatori and climbing to Ristorante il Monastero for a farm-to-table lunch overlooking the bay.

Whether drifting through Raja Ampat's bioluminescent waters or discovering cosseted corners of the Amalfi coast, these superyacht journeys transform the voyage itself into the destination. Discover six itineraries sure to deliver lasting memories.

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FRONT & BACK COVER: HOTEL BYBLOS / STEPHAN JULLIARD